

Wollo University
College of Natural sciences
Department of Sport Science

BSc Degree in Sport Science

Course title /code: Racket Games /SpSc 2121/

Course Weight: 5 ECTS

Academic Year 2011Ec_Semester II

Instructor's Name; Rehima yasin

Instructor's Contact information

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Course Description

A combination methods-activity course involving coaching and developing skill progression in table tennis, tennis & badminton. The subject matter includes history, basic skills, rules, techniques & tactics, skill analysis of performance, safety, game play, and strategies of the games.

Course objectives; By the end of this course, students will be able to:-

- Understand the historical development of racquet games.
- Demonstrate basic skills, techniques, tactics, and strategies of racket games.
- Apply rules and regulations of racquet games.
- Describe facilities & equipment of racquet games.
- Describe the benefits of racquet games as a participant, and/or spectator

Course Calendar and Delivery

Date/ Week	Key topics	Teaching Method
Week -1	Chapter 1- Historical Background of Table Tennis, Tennis and Badminton <ul style="list-style-type: none">✓ Origin and Development✓ World History✓ African History, Ethiopian History	<ul style="list-style-type: none">✓ Lecture✓ Group discussion✓ Questioning and answering

Week -2 and 3	Chapter 2- Basic Rules and Regulations of the game of Table Tennis, Tennis and Badminton <ul style="list-style-type: none"> ✓ Facilities and Equipments ✓ Scorings ✓ Game play ✓ Single and Doubles 	<ul style="list-style-type: none"> ✓ Lecture ✓ Group discussion ✓ Presentation
Week 4 -12	Chapter 3- Basic skills of Table Tennis, Tennis and Badminton Table Tennis <ul style="list-style-type: none"> *Grip *Loop *Counter Drive *Flick *Smash *Push *Chop *Block *Lob *Spin 	<ul style="list-style-type: none"> ✓ Lecture ✓ Group discussion ✓ presentation ✓ Lab Practice
13 – 14	Tennis <ul style="list-style-type: none"> *Grip *Forehand *Backhand *Volley *Smash *Serve *Lob 	<ul style="list-style-type: none"> ✓ Lab Practice
13-14	Badminton <ul style="list-style-type: none"> *Grip *Forehand *Backhand *Smash *Serve 	

Assessment Techniques

➤ Type of Assessment	Assessment Date	Assessment Date
Group assignment on History of Racket Games/ Project work on Measuring fields	Week 1	10%
Quiz on History and Rules	Week 2	10%
Group Assignment on Skill Coaching	Week 6	10%

Skill test	Week 14	45%
Final Written Exam	Week 16	25%

➤ **Grading: As per the academic policy of the university.**

Reference

- Doug Mac Cruddy & Shown Tully.(1980) *Sports Illustrated Tennis*
- Rick Chavez and Lois Smith Nieder .(1988),*Teaching Tennis*.
- RALF B. BALLOU. (1982), *Teaching Badminton*
- ITF (www.ITFTENNIS.com) (2010), *Rules of tennis*
- Rolf Flichtbeil (2006) ; *Go tennis*
- Larry Hodges. (1989);*Instructor's guide to table tennis*.



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